



**Course Title:** High School Health & Nutrition (fall or spring semester course)

**Description:**

This 16 week high school course will provide 0.5 credit in general health to fulfill the TN High School graduation requirement.

The general High School Health class is open to any student who needs general health for TN high school graduation requirements. The single semester class will cover general health and nutritional topics, and include vocabulary, lab procedures and other hands on activities to enhance learning.

Additionally, students will have the opportunity to receive CPR training and receive their American Heart Association (AHA) CPR card after successful completion.

**Prerequisites:** Grades 9+

Thursdays 10:10 – 11:40 AM; 16 weeks

Offered in fall and spring semesters

Minimum 6 students required to start

**Textbook:** Provided on loan.

*Exploring Creation with Health and Nutrition, Apologia*

**Teacher:**

Lauren Moretta; Contact Bellevue Tutorial, 901-347-5518, [laurenmoretta@bellevuetutorial.org](mailto:laurenmoretta@bellevuetutorial.org)