

**Course Title:** Skills Lab**Description:**

Many life skills are modeled and taught rather than coming naturally to our kids. It's not too early to teach life skills to 5<sup>th</sup> and 6<sup>th</sup> grade students. In fact, it may be the perfect time to start as these students take on more ownership of their studies but have not yet fully moved into the more hectic middle school and high school years.

In the Skills Lab at Bellevue Tutorial, students will study a wide range of topics to prepare them for middle school and beyond. Students will learn through direct teaching, practical exercises, group projects, games, and more. Some of our basic topics will include: organizing, decision-making, building a plan, and basic health and hygiene. We will also focus on school and study skills including: time management, study habits and distractions, note taking, and learning styles. Students will also spend time evaluating and discovering their own strengths and the unique talents and capabilities they can use to serve others.

**Recommended Grades:** 5, 6**Prerequisites:** None**Tuesdays 10:10 – 11:40 AM; 32 weeks****Textbook:** Teacher will provide materials**Teacher:**

Dorann Simmons; Contact Bellevue Tutorial, 901-347-5518,  
[dorannsimmons@bellevuetutorial.org](mailto:dorannsimmons@bellevuetutorial.org)