

Week of October 15: Ruth's Family
Ruth 2, 4:1–17

ASK interactive questions.

1. Whom do you admire most from the book of Ruth? Why?
2. Ruth showed great loyalty and kindness to Naomi. Whom have you shown kindness to recently? Why did you choose to be kind?
3. What was God's role in Ruth's story?

BRING your understanding.

Share one thing you learned about Ruth from your adult Life Group lesson.

CREATE fun experiences.

Activity: Field of Kindness

Supplies: Sticky notes and pencils

Give everyone several sticky notes and a pencil. Tell your family that the front of your refrigerator is going to represent the field that Ruth picked grain in. It was in that field that Ruth experienced Boaz's kindness. Tell everyone to write down different ways they can be kind to other family members on their sticky notes (one act of kindness per sticky note). After they write on a sticky note, they should place it on the refrigerator. Throughout the week, encourage everyone to do the actions posted in the "Field of Kindness." After someone does an action, they should take down that sticky note, and everyone should continue until there are no sticky notes left on the refrigerator.