

**Course Title: Elementary P.E.****Description:**

Our physical bodies are a wonderful creation of God, and young bodies love to get out and move. In our physical education class for 5<sup>th</sup> and 6<sup>th</sup> grade students we will learn about and drill a wide variety of games, sports, and other activities that we can experience. Students will utilize age appropriate fitness activities including tumbling, simple games/relays, sport skills and other activities Basic health and nutrition instruction as appropriate for the activity will also be covered.

Prerequisites: Grades 5-6

Thursdays (2 hours) 12:30-2:30 PM – Starting August 8; 32 weeks

Minimum 10 students required to start

**Teacher:**

Omar Ruvalcaba; Contact Bellevue Tutorial, 901-347-5518, [tutorial@bellevue.org](mailto:tutorial@bellevue.org)

**About the teacher:**

Omar Ruvalcaba has a B.S. in Church Ministries with an emphasis on biblical leadership. Omar and his wife, Saleama, began Gifted Athletes homeschool physical education in 2015 with nine students and now teach over 150 homeschool students weekly. Each class consist of agility and conditioning plus sport fundamentals. Omar also serves as the varsity running backs football coach at Evangelical Christian School, and athletic director for MHEA.

**Cost:**

\$250 (32 weeks)

No other fees