

# Faith Talk

## I Take in Scripture Regularly

*"All scripture is inspired by God."* 2 Timothy 3:16

### Things you'll need:

- Bible

### Faith Talk:

One measure of a growing love for the Lord is an increasing desire to read, study, memorize and obey God's Word.

Call everyone to the table for a meal but sit down without serving any food. What is the reaction? The food is prepared and ready, but unless we eat it, it won't give us strength.

If we were to go all week without eating healthy, nutritious food, we would be physically weak. Likewise, if we don't regularly spend time in God's Word we will be spiritually weak.

Discuss different ways to have a "healthy diet" of regular Bible intake (ex. daily quiet time, Life Group, Worship, etc.)

Kids can determine what parents think is important just by watching. How we spend our time and resources is a reflection of our true priorities. We must be genuinely passionate about the Lord if we want our children to "catch" the passion from us.



**Home Point**  
*Building Faith at Home*

Choose to begin a pattern of Bible reading with your family. Select an age appropriate Bible and Devotion book. Families often read in the morning or at bedtime, but mealtime can also be a regular time for spiritual discussions ([bellevue.org/meals](http://bellevue.org/meals)).

After dinner, play “I’m going on a picnic...” with your family. One person begins by saying, “I’m going on a picnic, and I’m going to take a \_\_\_\_\_ (ex. blanket, apple, bug spray).” The next person repeats the phrase including the first item then adds a second item. The next person repeats the phrase and lists the two items and adds a third. Continue adding items to the list until it gets too long to remember—even with helpful hints.

Repetition is an effective way of learning (memorizing). Apply this same technique to memorize 2 Timothy 3:16 together.

- The first person says, “All.”
- The second person says, “All scripture.”
- The third person says, “All scripture is,” and so on.

Keep adding words until you complete the scripture and reference. Time yourselves to see how quickly you can work through the verse. Repeat several times.

Next, apply the truth by discussing why the verse is important to you. Before you know it, your family has memorized a new verse. Post it on the mirror, on the refrigerator, or in the car as a reminder.

For more ideas of Bible reading and memorizing activities, visit [bellevue.org/homepoint](http://bellevue.org/homepoint).

Learn Bible verses together as a family for accountability and encouragement. Increase your Bible intake and make scripture reading a regular and FUN part of your family activity.