

# Faith Talk

## My Family Relationships are Growing

*“Be kind and compassionate to one another.”* Ephesians 4:32

### Things you’ll need:

- Deck of cards or a box of plastic straws
- Index Cards
- Optional: tape, play-do, etc.

### Faith Talk:

Families are vital to the physical, emotional, mental, social and spiritual development of children. Your home is your child’s first introduction to the community experience. Although each family is unique and contains its own strengths and challenges, this invaluable sense of belonging and security can be beautifully established during your day-to-day interactions. The genuine love you have for people is first measured within your family relationships.

To begin your family faith talk, give each person a single straw/card. How much weight could it support on its own? Where are its weak points?

Next, using additional cards or straws for reinforcement, work as a team to build a stronger structure. Make your own rules to allow tape or play-do for added support, if desired. Begin with a strong foundation (1 Corinthians 3:11).



**HomePoint**  
*Building Faith at Home*

Complete your structure. Compare the magnified strength of the finished product to the original weakness of a single piece. Share your pictures through email to [homepoint@bellevue.org](mailto:homepoint@bellevue.org)

Every family member is a gift to your family. Each person provides valuable encouragement and support as you share life together.

In a second activity, provide each person with an index card for each member of your family. During the week, everyone should write a note of encouragement for each family member. If your kids are younger, they can draw a picture.

After dinner one night, share your notes as “dessert”. Proverbs 16:24, *“Gracious speech is like clover honey—good taste to the soul, quick energy for the body.”* (I’m sure you won’t have any objections if you want to add an edible dessert as well.)

God designed the family unit to be a fortress—a place of strength and renewal. This week, thank God for your family! You may want to create a family cheer or a secret family handshake to emphasize the sense of belonging.

As a parent, make your family a priority. Commit to strengthen each relationship in your home and let your home be the place where you are loved most.