

Faith Talk

I am Involved in a Life Group

"I rejoiced with those who said to me, 'Let us go to the house of the Lord.'" Psalm 122:1

Things you'll need:

- Blindfolds
- Empty trashcan
- Ping pong balls

Faith Talk:

One measure of our love for people is how involved we are in their lives. Our culture also operates through group connection: school classes, jazz bands, and sports teams, for example. Just as families are God's designed community unit for the home, Life Groups are the community unit for our church.

Place a trashcan in an open area (den, backyard, etc.) and draw a masking tape boundary around it approximately 2–3 feet away. Spread six ping pong balls outside the boundary line.

The object of the game is to make as many "goals" as possible by shooting from behind the line. Divide into teams of two and blindfold one partner. Partners may talk to each other, but they are not allowed to touch. When time begins, the helper will instruct his blindfolded partner to pick up a ball and attempt to make a goal in the trash can. The helper may provide verbal



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instructions and encouragement, but he cannot touch a ball or his teammate. The shooter may only touch one ball at a time. Set a time limit and see how many goals can be made.

Discuss the importance of teamwork and communication:

- How many goals do you think you could have made without the help of your partner?
- How tempting would it be to quit the game if you didn't have some encouragement?
- How important was it for the blindfolded partner to be open for instruction?
- What if your teammate gave incorrect advice or left you to play the game alone?

Read Ecclesiastes 4:9-12.

According to the passage, what are some benefits of living in community with others? When we are involved in a Life Group, we benefit from the encouragement, accountability, and support of other Christians.

If you haven't joined a Life Group visit bellevue.org/connect to view a list of Life Groups offered at Bellevue. Choose one to visit this week. For help in selecting a Life Group, call 347-2000.

Being involved in a Life Group is one way we fulfill our mission to love people.