

Faith Talk

I Give Compassionate Care to Others at Bellevue

“Serve one another through love.” Galatians 5:13

Things you’ll need:

- Show and tell items for the Hi-Lo-Ha game
- Paper and pen for brainstorming

Faith Talk:

Jesus set an example of how to care for others with his actions. Our actions prove that we care.

1 John 3:18—*“Dear children, let’s not merely **say** that we love each other; let us **show** the truth by our actions.”*

The Meals@Home Guide introduced the Hi-Lo-Ha game. (Visit bellevue.org/meals for additional details and suggestions.) Play a “show and tell” version of this simple game with your family. Before gathering for this activity, encourage each family member to bring or draw something that represents each category:

Hi—something that makes you happy or holds a pleasant memory

Lo—something that reminds you of a sad memory.

Ha—something that makes you laugh or reminds you of a funny memory



HomePoint
Building Faith at Home

Let each person share their “show and tell” items. However, when the last person begins to share, interrupt them, redirect the conversation, or minimize their story.

After you admit to your rudeness, explain that listening is an important first step in caring for others. Discuss how you feel when someone gives you their full attention and when they belittle or interrupt you. In what other ways can you tell if someone genuinely cares?

How can your family put this truth in to action? Is there a guest in your church you could visit? Is there a new friend that would enjoy a play date? Could you help your mom clean the kitchen or fold laundry? Could you arrive to Life Group early or stay late to help your teacher in your classroom?

Brainstorm 10 practical ways you can serve the members of your own family. Remember, service projects don't have to be BIG to be meaningful (i.e. empty the dishwasher, pick up the pet's toys, set the table, etc.). Each person should serve each family member at least once this week. Consider being a “secret servant” by serving someone without anyone knowing.

Also, brainstorm 10 service opportunities you could do for someone outside your family. Ideas might include sweeping a neighbor's porch or taking a pot of soup to an elderly church member. Your kids would enjoy “sneaking” to leave cookies on someone's doorstep. Select two ideas to complete this week and one to complete this month.

We prove we love others within our family and our church family by putting our love in action.