



MEALS @HOME

IN HIS IMAGE

Gather your family around the table to discuss a biblical truth while enjoying cookies.

Best Use

As an activity while baking cookies together

Nutritional Value

Understanding how we are created in God's image, yet each of us is unique and special.

Advance Preparation

- Gather supplies for baking cookies. (You can choose to make from scratch or use prepared cookie dough.)
- Cookie cutter
- Optional: Gather supplies for decorating the cookies.

Serve it up

- **SAY:** We are going to bake some cookies together. We'll use a cookie cutter to give us a consistent shape.
- **DO:** Roll out the cookie dough and start using the cookie cutter to cut out the cookies.

- **SAY:** Notice that the shape of the cookie cutter is the shape of our cookies.
- **DO:** Put the cookies in the oven to bake.
- **READ:** Genesis 1:27 – “So God created mankind in his own image, in the image of God he created them; male and female he created them.”
- **SAY:** We used this cookie cutter to make the same shape over and over again. God created us in His image or likeness. The dictionary gives this definition of image: “a physical likeness or representation of a person, animal, or thing, photographed, painted, sculptured, or otherwise made visible.” Each cookie is similar to the original shape but not exactly the same. In the same way, although we are not God, we are God’s children. We should live in such a way that we reflect Him. Others should be able to see Jesus in us.
- **DO:** Take the cookies out of the oven and let them cool.
- **OPTIONAL:** Decorate the cookies together. You can use this time to talk about how we are created in God’s image, but that He has created us each as individuals with different gifts and talents. Read Romans 12:4–8 together. Affirm a unique gifting about each family member.
- **DO:** Get your yummy cookies and a glass of milk and enjoy eating your treat with your family.
- **PRAY:** Thank God for the gift of each member of your family. “Thank you, Lord, for bringing us together. Help us work together as a team to complement each other better than ever before. In Jesus’ Name we pray, Amen.”



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