

11 January 2015

## Making the Most of Your Health

Luke 2:52  
Bro. Steve Gaines

1. Seek to be [mentally](#) healthy.
2. Seek to be [physically](#) healthy.
3. Seek to be [spiritually](#) healthy.
4. Seek to be [socially](#) healthy.



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## Being God's Voice in a Spiritual Wilderness

Matthew 3:1–17

Bro. Steve Gaines

1. [Single](#)-minded in your [mission](#). *Matt. 3:1–3*
2. [Simple](#) in your [manner](#). *Matt. 1:4*
3. [Straightforward](#) in your [message](#). *Matt. 1:2, 5–10*
4. [Savior](#)-focused in your [ministry](#). *Matt. 1:11–17*

