1. The ugly countenance of anger. Gen. 4:1–7

2. The ungodly conduct of anger. Gen. 4:8–9

3. The unalterable consequences of anger.
   - The condemnation of your sin. Gen. 4:10
   - The curse of your sin. Gen. 4:11–12
   - The continuation of your sin. Gen. 4:16–17
   - The corruption of your sons. Gen. 4:18–24

1. Follow hard after God intentionally. 2 Sam. 6:1–2

2. Follow hard after God appropriately. 2 Sam. 6:3–11

3. Follow hard after God wholeheartedly. 2 Sam. 6:12–15

4. Follow hard after God unashamedly. 2 Sam. 6:16–23